



MEXT

MINISTRY OF EDUCATION,
CULTURE, SPORTS,
SCIENCE AND TECHNOLOGY-JAPAN

SEAMEO-Japan ESD Award

Supporting Partner:



Bangkok Office
Asia and Pacific Regional
Bureau for Education

United Nations
Educational, Scientific and
Cultural Organization

Submission Form of 2019 SEAMEO-Japan ESD Award Theme: Building Peace in Schools and Communities

The last day for submission of entries: 2 September 2019

- To participate in the 2019 SEAMEO-Japan ESD Award, please submit the information of your school's project/programme on "Building Peace in Schools and Communities" by using this Submission Form by Monday 2 September 2019.
- The **digital format of this Submission Form** can be downloaded from the following link/QR Code or requested by sending an email to: seameojapan.award@seameo.org.

<http://bit.ly/2019SEAMEOJapanESDAward>



- The **guidelines for submission of entries** and the **judging criteria** are detailed in page 9-12 of this document.
- **How to Submit the Entry:** The schools should submit the completed Submission Form and/or maximum of 5 Supporting Documents to the following Google Link:

<http://bit.ly/2019ESDAward-submission>

If the school has difficulties in submitting the entry to the above google link, please email to:

[**seameojapan.award@seameo.org**](mailto:seameojapan.award@seameo.org)

Note: To align with the ESD practices and to save the environment and energy, the Committee will not accept the entry in hard copies. **Only the submission of entry in digital file to the above google link is accepted.**

- More information, please contact the SEAMEO Secretariat, Bangkok: Tel. +66-2391-0144, Email: seameojapan.award@seameo.org.

PART I: Details of Your School

1. Name of your school: SMK SANZAC KOTA KINABALU
2. Full address: JALAN SEMBULAN, 88100 KOTA KINABALU, SABAH.
3. Postcode: 88100
4. Country: MALAYSIA
5. School's telephone number (country code+city code+telephone number): 6088210360
6. School's fax number (country code+city code+fax number): 6088224601
7. School's email Address: xea4040@moe.edu.my
8. Name of the Head Master/Principal/School Director: Dr. SHIRLEY TAY SIEW HONG
9. Name of the Teacher Coordinator: ASNIMAH BINTI ASLIE
10. Email address of the Coordinator: ubksanzac@gmail.com
11. School website (if available): https://smk-sanzac.com/
12. Educational level (Such as Kindergarten 1 to Grade/Year 9): Year 7 – Year 12
13. Total number of teachers in your school: 103
14. Approximately number of teachers participated in this programme: 80
15. Total number of students in your school: 1430
16. Approximate number of students participated in this programme: 1300

PART II: Information about the School's Programme

The information of part II from no.1 to 13 should be no longer than nine (9) pages long of A4 in total. The information should be written in Times New Roman font, 11-12 point size.

1. Title of the school's programme

“LET’S INSPIRE KINDNESS AND SHOWER LOVE”

2. Summary of the programme (one half to 1 page of A4 sheet size)

Championing a positive school culture where students, teachers, non-teaching staff and the community practice kindness, love, and care plus saying no bully and fights, is the utmost concern in our school since 2016. We have introduced Caring Hearts...Cleaner Society in 2016 which aims to educate students to show care to one another as well as to love the environment. The programme was further enhanced to another level by giving more focus to building a culture of peace and harmony in the school and community in 2017. All these efforts were well-acknowledged when SMK SANZAC was awarded the Malaysia's Kindest School Award in 2018, based on our 'Inspire Kindness' programme which incorporated five (5) main activities involving the students and the community conducted throughout the year. In November 2018, manifesto....In 2019, the kindness initiatives escalated to 'Shower Love' programme which integrates six (6) core activities putting SMK SANZAC as one of the Top 6 winners. The theme for the Inspire Kindness (2018) programme is "Be a Buddy, Not a Bully" and the Shower Love (2019) programme is "Love Fully, Don't Bully".

These initiatives have enhanced a caring and kindness culture in the school and have gained support by getting more people involved as well as expanding the ideas across the curriculum and extra-curriculum activities. This is because we believe that a strong positive culture in school will ensure an environment conducive to learning. Hence, **Let's Inspire Kindness and Shower Love** programme is a combination of all the on-going activities conducted over the years and the effort is on-going.

3. Background information or reasons why the school created this programme

SMK SANZAC is located in Sembulan, about 2.5 km away from the heart of the bustling Kota Kinabalu city. However, 60% of the students live in Kampung Sembulan which is an old settlement with houses built on stilts on water. The students come from deprived homes and poor family background with social problems. Overcrowded and poor living conditions contribute to the poor mental and physical health and spread of diseases in the community. Deprived of the opportunities to live in better quality homes, coming from broken families or homes that show less care and concern, the school plays a crucial role to educate everyone in the school to show love, care, concern and kindness to one another. Many of the students came to school with a **stressful, hostile and defiant attitude**. In class their misbehaviours were such as disruptive talking, unfocused attention and interfering with teaching activities, harassing classmates, verbal insults, and rudeness to teacher and vandalised the tables and chairs, walls as well as other amenities in the school. During the school assembly, they would jeer at their friends who could have made a slip while talking in public.

We also received **numerous complaints** from the residents nearby and the surrounding community every other day regarding our students' misconduct outside school. The students would disturb the peaceful neighbourhood as they walked passed the residential areas by shouting, talking aloud, smoking and even fighting with each other. We even have cases of students involving in drugs.

Therefore, in order to reduce these feelings of anxiety and tension among the underprivileged or disadvantaged students, SMK SANZAC takes great strides to embark on a meaningful whole-school programme to educate all the students to learn to love themselves and the environment. Initiatives were taken since 2016 to create a caring, loving, kind and harmonious relationships among students, teachers and the community in SMK SANZAC. The school started with 'Caring Hearts... Cleaner Society' programme in 2016 which combines loving the environment and generating pocket money for the needy students in our school. Students learn and practice acts of kindness and have mutual respect among each other. The kindness programme continued to develop further. In 2017, the students and teachers' intensified their programmes to educate the students on the adverse health effects of using plastics. In 2018, our school won the Malaysia's Kindest School Award by intensifying the programmes on anti-bully and do acts of kindness. This year, the kindness project were further enhanced within the school and subsequently expanded to collaborate with an NGO, Soka Gakai Malaysia to promote peace. The overall programme's underlying principles are in tandem with UNESCO Sustainable Development Goals (SDGs): SDG 16 (Peace, Justice and Strong Institutions) and SDG 12 (Responsible Consumption and Production).

With all these unceasing efforts to promote love, care, kindness and peace culture, SMK SANZAC stands out to be a role model for the other schools to emulate.

4. Objectives/goals of the programme

The objectives / goals of the programme are:

- 4.1 To instil strong positive values in the students so that students practice moral values like kindness, honesty, loyalty, respect, gratitude, forgiveness, self-discipline, self-reliance, personal responsibility and courtesy.
- 4.2 To ensure students have a positive change in behaviour towards loving their school and the community.
- 4.3 To build a good culture where students love to come to school to learn.
- 4.4 To inculcate a habit within the students and the community to love the environment through reducing use and upcycling plastics.
- 4.5 To create a networking and smart partnership with the corporate sectors and community to make this a successful and sustainable project.

5. Period of the time when the programme was/has been started

Since 2016 and on-going

6. Key knowledge, skills, attitudes/values and behaviors that you expect develop from this programme.

Through the various on-going activities carried out within and outside classrooms, co-curricular activities, school-based competitions, community services and public sharing initiatives we expect students, teachers and the community would develop and internalize the following aspects:

Key Knowledge

The real meaning and the essence of peace, love and harmony. **Peace and harmony** in schools and community prevail when the people in school and the community have respect for each other differences; work together to make a difference in others life; are able to communicate effectively to agree to get things successfully done and for each other's well-being; working together to create a better environment to dwell in. Expressing **love, care and concern** in different ways in order to create a conducive and safe environment for everybody who come to meet and learn. Giving extra care and concern to understand that all students have their respective **potentials to be unleashed**.

Skills

Enhancing students' skills in public speaking, allowing students' to have a voice and be accountable for their actions. Providing students the opportunities to portray their inner talents through the activities carried out in this programme such as students' skills in drawing comics, doodle, performing on stage, pitching, skills in counselling and befriending the less fortunate students.

Thinking skills

Attitudes/Values and Behaviours

Inculcating a positive attitude towards expressing love, care, concern and kindness to everybody in school and the community. Keep talking about kindness and what should be done to promote good values among everyone in school and the community. Always have good thoughts and encourage and motivate people around us. Eliminate hatred, stop bullying others, defy negative behaviors which hurt others and leave a bad image.

7. Activities (Strategies, activities, steps for implementation) This part is important – please clearly explain all related strategies and activities that the school has implemented and breir information of each strategy/activity). Details of each activity can be attached as a part of supporting documents.

Let's Inspire Kindness and Shower Love is an educational programme that cuts across the curriculum in the school. Besides instilling good values in students' academic learning process in classroom, the students' affair and co-curriculum units also have their respective activities based on this theme. The activities below were planned and carried out by the units mentioned below.

7.1. **'Act It Out' short film competition (ICT Club)** Each group of participants would use role-play drama to address different types of bullying scenes in school. The Top three best short films chosen were shared during our school assembly.

7.2. **Talking Kindness (Academic Units)** Students talk about kindness acts to prevent bullying throughout the week at the canteen's Speaker's Corner during recess time; during morning and afternoon students' assembly; on every Tuesday and Thursday during the language activities. It is an on-going activity whereby the school has drawn up a schedule for the speakers to talk about 'Be kind to others.' Besides that, on special occasions like Mother's Day, Father's Day, Teacher's Day, students would write appreciative and love messages on specially-cut heart-shaped cards to be delivered to the people they have written to. On Parents' Day where all parents came to school, special appreciations were written on the heart-shaped cards to thank them for coming to our school.

7.3. **Plogging** and **Don't Let Plastic Bully You (Environmental Club)** *Plogging* is a combination of jogging while picking up litter activity at our community. It is not only helps to clean up our city but we can get fit physically and mentally. **Don't Let Plastic Bully You** is a sequel to the '*Plogging*' activity. The collected

plastics were upcycled to make useful objects like Heart-shaped structures placed along the ‘Shower Love’ students’ pathway to remind students to be kind always. Plastic stools of three different sizes were made from the bottles collected and distributed to farmers and hawkers for use in their daily work.

7.4. **School wall mural (Visual Arts Education)** The school mural reminds everybody to be “Be a buddy, Not a bully” and “Stand up, Don’t stand back”. In 2019, another wall mural was drawn and painted by our students using the ‘Shower Love’ theme, with a slogan “Love fully, Don’t Bully.”

7.5. **No Bully Art (Visual Arts Education)** It is a Doodle Art Competition based on the theme ‘Shower Love’ and the story-line is about anti-bully.

7.6. **Show Us You Can Dance (Cultural Club)** A dance competition choreographed and performed by students using ‘Shower Love’ and Anti-bully theme.

7.7. **Hold a Hand, Touch a Heart (Guidance and Counselling Unit)** This kindness initiative targets on students who were being bullied as well as the bullies themselves. Their schoolmates will befriend the targeted group to help them get back on the right path. The teachers and peer support group (*Pembimbing Rakan Sebaya* or PRS) provide snack food for the needy students and also make home visitations to show care, concern and love for them.

7.8. **C’mon Let’s Read (Library and Media Unit)** This is a project about a group of reading buddies put on their efforts to promote reading habit in school by teaching an identified group of low proficient students using reading materials which are created by the reading buddies themselves. Besides enhancing their reading skills, the stories in the booklets highlight the **good values** practiced by students and teachers in our school. The booklets tell the stories of SANZAC’s proud moments in year 2018 which are: - (i) **Inspire Kindness:** the storyline is the journey of SANZAC’s kindness activities which were presented by NurSalwani Sabdani and Muhammad Saiful Ikhwan bin Musa and won The Malaysia’s Kindest School Award 2018 (ii) The Tuanku Bainun **Young Change Makers** Award: the story of Anti-plastic Campaign in SMK SANZAC which was presented by Mohd. Danish Agunawan and won the Champion prize.

7.9. **SANZAC’S Golden Jubilee Fun Run (Co-Curriculum Unit)** In conjunction with the school’s 50th Anniversary celebration this year, the organizing committee for the Fun Run activity has chosen the ‘Love Fully, No Bully’ as the theme. All the participants wore the printed T-shirts bearing this theme.

7.10. **LOVE FULLY, NO BULLY Souvenirs (School Cooperative Unit)** Meaningful souvenirs that carry the theme are specially created for sale throughout the Golden Jubilee celebrations this year. The message to build peace and harmony is widely spread not only within the school community but also to the alumni and the public.

7.11 **SANZAC’s Kindness Manifesto (English Language and Civics and Citizenship Studies Unit)** In conjunction with the UNICEF #KidsTakeover Kindness Day on 19th November 2018, our school developed a manifesto which was read during assemblies and signed by all the students, teachers and guests present at the event.

8. Teaching and learning approaches/strategies that the school has integrated for peace education.

The four academic departments in the school emphasize the importance of inculcating good values especially being kind, showing care, concern and expressing love in the teaching and learning process in class.

8.1 Language Department

Topics for students’ discussion and essay writing concerning with End violence, End Bully, in schools, Spread Love, Kindness and have mutual respect among each other were incorporated into teachers’ teaching and learning process in the language department.

i. Malay Language Unit **ii.** English Language Unit **iii.** French Language Unit **iv.** Arabic Language Unit

8.2 Mathematics and Science Department

The Mathematics Unit and Science Unit also incorporated the teaching of peace, love, anti-bully, kindness and welfare in the related topics.

8.3 Vocational Department

The ICT Unit emphasizes the cyber-bully and the effects of negative uses or misuse of social media.

8.4. Humanities Department

The **i.** Religious Studies Unit, **ii.** Civics and Citizenship Unit, **iii.** Moral Studies Unit and **iv.** Visual Arts Unit in their teaching approaches have also included various strategies to bring the message of building peace, harmony and love for everybody especially in a multi-racial country where we are living.

*All the above-mentioned teaching and learning plans are attached in the Appendix

9. A) Participation with the community (How the school and community work together in planning and implementing the school programme)

9A.1 SMK SANZAC Parents-Teachers’ Association (PTA) Our school’s PTA work closely together with the school in building a strong school community for the benefits of the students. During the PTA

Annual General Meeting and Parents' Open Day, students write kind and love messages for all the parents who turned up. PTA members also get involved in school major clean-up (*Gotong Royong*) which is held twice yearly. The PTA is the main organizer for SANZAC Fun Run 2018 and 2019 which carries the theme: Inspire Kindness and Shower Love. The PTA Chairman also gives religious (*tazkirah*) and motivational talks to students during school assemblies and Ramadhan month.

9A.2 SMK SANZAC Alumni This year 2019 marks another historical milestone for SMK SANZAC because the SMK SANZAC Alumni was officially registered in June 2019. In conjunction with the Golden Jubilee celebrations, the Alumni held a dinner function which gathered almost 350 alumni. The function was graced by the Sabah State Governor's wife, Toh Puan Datuk Seri Panglima Hajah Norlidah Tan Sri Datuk R.M Jasni. The alumni patronized the 'Love Fully, Don't Bully' themed merchandises sold by the school cooperative unit and also donated money for the school

9A.3 Kota Kinabalu City Municipal Council Our school's *plogging* activities and clean-up the school compound as well as the surrounding housing areas receives close collaboration with the Kota Kinabalu City Municipal Council.

9A.4 Politicians who gave us sponsorship to fund our programmes Our school also do crowd funding exercises to support the activities we have planned. We are grateful that YB Tuan Awang Husaini bin Sahari (Parliament member P173) has been generously supporting our activities in building peace and harmony in the school. YB Tan Lee Fatt (Sabah State Assembly Member N14) has also funded our C'mon Let's Read and Caring Hearts...Cleaner Society programmes while giving us further insights to improve our activities.

B) Engagement of partners in community and their roles/contribution (Please provide the name of your partners in this programme and their roles/contributions)

No.	Name of Partners	Roles and Contributions
9B.1	SMK SANZAC Parents and Teachers' Association	Funding, Volunteering work, Food donation, professional advice
9B.2	SMK SANZAC Alumni	Funding, Volunteering work, professional advice
9B.3	Rotary Club Kota Kinabalu	Professional advice, Funding for school activities
9B.4	Kota Kinabalu City Municipal Council	1. Collaboration with SMK SANZAC on Community Clean-up programmes 2. Provide trash bins and recycle bins for school use 3. Give talks on 'Keeping Kota Kinabalu City Clean (Zero Waste)'
9B.5	Kota Kinabalu District Police Headquarters	1. Provide assistance to curb heavy disciplinary cases among students 2. Help maintain peace and harmony among the local community
9B.6	Tanjung Aru Police Station	1. Provide assistance to curb heavy disciplinary cases among students 2. Help maintain peace and harmony among the local community
9B.7	Taiwan Buddhist Tzu Chi Foundation Malaysia, Kota Kinabalu	1. Provide financial assistance for food funding to needy students 2. Provide funding for needy students' basic needs such as shoes, school bags and stationeries 3. Provide funding for students' bus fare to come to school 4. Give talks to students on Good Moral Values such as about helping others and be grateful always
9B.8	Sabah Education Department Kota Kinabalu Education District Office	Funding and giving official consent for students' activities
9B.9	Befrienders KK	Give talks, provide emotional support, listen to people who are depressed or in distress
9B.10	University Malaysia Sabah	Collaboration between undergraduates and trainee teachers with SMK SANZAC to run various activities
9B.11	UNICEF	Providing opportunities for SMK SANZAC in spreading 'No Bully, Spread Love' messages
9B.12	Local Government	1. YB Jennifer Lasimbang (Assistant Minister of Education and Innovation Sabah) – provided professional advice and launched SMK SANZAC's Kindness Week 2019 2. YB Tuan Awang Husaini bin Sahari (Parliament member P173) and 3. YB Tan Lee Fatt (Sabah State Assembly Member N14) – provided funding and professional advice to enhance our school's initiatives in building peace

10. Activities that the school, students and teachers have contributed to the community

10.1 Visitation to students' homes (*Ziarah Cakna*)

Since 2016, the Guidance and Counselling Unit together with our school's PTA has been making visits to needy and problematic students' homes. The aims of the visits are to give motivation, show concern and care to the students and parents raising their awareness about the importance of education for their children. Besides that, the PTA also helped with providing some financial assistance as well as some basic necessities to the homes. Teachers together with the PTA members have conducted regular visits to the B40 (i.e. household income below RM3000 per month) group students' homes to give financial assistance, basic necessities and food. Until now a total number homes visited are around 50 homes.

10.2 *Gotong Royong* – Clean up the nearby Muslim Cemetery Community service contribution includes doing a cleaning up at the Muslim Cemetery nearby our school. This is another initiative carried out by the students and teachers as part of the Community Service project which aims to instill good moral values in our students. The Muslim teachers together with students are educated to respect the elders and have a compassionate heart.

10.3 *Plogging* activities and spreading the word about peace with the environment

Students, teachers and members of the Parents-Teachers' Association collaborate to collect trash and recyclable plastics during collaborative events such as (i) **Clean-up plastic waste in Sembulan market area** (ii) ***Plogging* activities in Taman Sempelang residential area around our school** (iii) ***Plogging* activities combined with sharing our school's love messages were also carried out in collaboration with other schools in Bukit Kopungit, Bukit Tirig and Bukit Perahu.** Through the *plogging* activities, we spread the message about waste management to the community.

10.4 Distribution of Flyers

Students print out flyers and distributed to the parents and public in Sembulan town to raise awareness about the importance of living in a peaceful, healthy and caring society. During the Kindness Week, students also distribute kind notes to parents and flyers which contain information about saving and be kind to the environment.

10.5 Contribution to local farmers

As a gesture of kindness and care for the environment our students made stools out of plastic bottles to be distributed to local farmers. This also serves as a strategy to let the public know about how plastics can be re-used by upcycling the plastics creatively. Students visited the Signal Hill Eco-Farm to explain their activities in giving plastic a second life and contributed three stools ('Plastool') to the proprietor of the farm, Mr. Lee. He was very impressed and praised the students' effort.

10.6 Outreach programme to our Feeder School: SK Sembulan Since last year (15 Oct 2018) our school has taken another step forward to spread the kindness message and anti-polystyrene campaign to our feeder school. This year on 29th July 2019, our team of students shared knowledge and guided the primary school students to upcycle plastic bottles into useful plastic stools and also taught them reading English using our reading booklets which talks about kindness activities in SMK SANZAC.

11. Programme for monitoring and evaluation mechanisms and summary of results

A. Monitoring and evaluation mechanisms:

11A.1 The whole school practices the PDCA (Plan-Do-Check-Action) cycle in ensuring that all planned activities are monitored regularly and improvements are made to enhance the activities to meet the target set.

11A.2 Weekly reports by Teachers on Duty include reporting class performance over the week in terms of good behaviours shown by my students, acts of kindness, cleanliness, beautification, safety measures and information on the bulletin board during the school assembly.

11A.3 Quarterly Curriculum meetings and reports are submitted for monitoring and evaluation purposes on curriculum programmes and activities carried out in the teaching and learning process.

11A.4 Observations on teaching and learning in the classroom by the school Principal, Senior Teachers, Head of Subject Panels using a standard teachers' observation and assessment form (SKPMg2 Standard 4) at least twice a year.

11A.5 Innovation and Creativity Competitions which emphasizes reduce; reuse, recycle and upcycle products are held to remind students the importance of environmental conservation. All competitions conducted in school carry the kindness theme as the basis.

B. Summary of results:

11B.1 SMK SANZAC's Kindness Journey began in 2016 and is gradually imbedded as the school's guiding principle in our effort to create a peaceful, harmonious, loving and caring culture within the school as well as out of school. This consolidated effort aims to spread our Kindness Project message: End violence, End Bully, in schools, Spread Love, Kindness and have mutual respect among each other.

11B.2 Malaysia's Kindest School 2018, Top 6, 2019: Winning the Malaysia's Kindest School 2018 award is recognition of our school's efforts to make SMK SANZAC a more conducive place for students' progressive learning.

11B.3 Champion School – World Children's Day #Kidstakeover Schools - UNICEF invite: Our school was invited to take part in the nation-wide programme where we were awarded as Champion School in November 2018.

11B.4 UNICEF’s invitation: 1. Our student, Muhd.Saiful Ikhwan bin Musa was selected to be part of the global team in the African Youth Development Summit organised by AFRICA, JCI, APRM, Global Citizen & UNICEF held in Johannesburg from 28th November 2018 till 3rd December 2018. 2. Our students were asked to share about ‘Say No to Bully’ message in conjunction with UNICEF Borneo Marathon 2018. 3. NurSalwani bt Sabdani and Mohd Nizar Mustaqeem bin Mazlan were invited to share their views on End Violence during the DIGI YOUTH TALK held on 08th August 2018 in Shah Alam, Selangor.

11B.5 School’s Disciplinary Record: The data of disciplinary problems in our school shows a drastic drop in disciplinary cases among the students.

11B.6 Positive behavioural change in my students. Many of them may be still struggling with their academic performance but their attendance to school, their happy faces when they come to school, their kind behaviour and their keen involvement in school activities are among the testimonies that my students in SMK SANZAC are moving ahead for a better future for themselves, for their family and the community at large.

12. Resources used for programme implementation

12.1	Human resources	Teachers, Supporting staff, Students, Parents, School’s Alumni, Local Authorities Healthcare Personnel, State Assembly Representative, Kota Kinabalu Municipal Council, Residents of the surrounding housing area, School cleaners and the Security Guards.
12.2	Financial resources	Funding from the Federal Government, Canteen fund, Parents-Teachers’ Association SMK SANZAC, Alumni Association, Member of Parliament, State Assembly Representatives and Generous donors.
12.3	Natural Resources	The natural surroundings (trees, flowers and vegetable garden) in the school provide a serene, tranquil and calming effect for students’ learning.
12.4	Capital Resources	School resource centre, School Computer Laboratories, Recycle centre booth, self-made plastic containers, Physical training centre, Healthcare Treatment Room, Disciplinary Room, Vocational Room @ Wow Studio used as workshop and discussion room, trash collection equipment, PA (Public Address) System.

13. Benefits/Impacts/ positive outcomes of the programme to students, school and the wider community

13.1 Good values

When the school put lots of emphasis on the programme through the various activities, students began to adopt and portray good values like responsibility, gratitude, courtesy and respect for elders and peers. Students become more positive towards keeping a conducive classroom and clean school environment. This promotes a favourable atmosphere for effective teaching and learning to take place.

1.5 Public Speaking Skills

Students are trained to present the information about this kindness programme to all the visitors who come to visit SMK SANZAC. Besides that, students also go to the streets to talk to the local community about the anti-bully, spreading love and kindness. They aim to campaign to the local community to be kind to one another, help each other and also reduce the use of plastics and practice recycle habits to protect the environment. In this way, students build up their confidence level to speak to the public and are able to handle difficult situations with the teachers’ guidance.

1.6 Improvement in Students’ Attendance to School

Since 2015 when the new Principal and two new Senior Assistants began the intervention of a whole-school approach to cultivate the three core elements in education are: LOVE, HAPPINESS and MUTUAL RESPECT and to be kind school, maintaining a healthy environment in terms of natural, public health and psychological well-being environment, there is a gradual increase in the students’ attendance to school.

1.7 Drug-free and Free of Heavy Disciplinary Cases

Initially it was a challenge for the new administration team to curb the problems of drugs and vandalism in the school. Drastic measures were taken alongside with the kindness programme have proven success when SMK SANZAC is free from students involving in drugs and heavy disciplinary cases by the second half of 2016 and now. The local community has been very cooperative in helping the school to curb students’ disciplinary problems like tackling of students’ truancy and loitering at the nearby shops and housing areas. The local people could easily identify SMK SANZAC students through their military clip No.2 haircut and they would call the school to inform about the students’ misconduct.

2. School

The school ethos and environment are very important. It is about the climate, atmosphere or feeling of a school and the way this impacts upon students' learning and teachers' work. With this integrated whole-school approach in the kindness programme, SMK SANZAC provides a safe, stimulating and welcoming learning environment for students' engagement in a holistic education.

SMK SANZAC becomes known for its effort to ban polystyrene in the school and promote and support the on-going campaign to reduce the use of plastics and recycle recyclable plastics. In addition, our kindness programme aims to help needy students by encouraging students to collect recyclable plastics to school in exchange of money. The Students' Welfare Unit do fund-raising programmes in collaboration with the school's PTA to fund the recycling initiatives whereby for one kilogram of recyclable plastic which students bring, they will be given RM1.00. The teachers also sell the collected recyclable plastics to the re-cycling company to maintain the funding for those who come with plastics.

In 2018, this programme has earned the school a prestigious national level award called "Malaysia's Kindest School 2018" award. Our kindness programme was also earned a Certificate of Recognition by the Global Sustainable Summit Award 2018.

3. School-community partnerships and services

The school has conducted many sharing sessions about the kindness programme to the Minister of Education, Malaysia, Dr. Mazlee bin Malek, Sabah State Assistant Minister of Education and Innovation, YB Jennifer Lasimbang, visitors, education officers and visitors from Australia, Kelantan, the parents and the local community, too. Flyers were also distributed to disseminate information about the kindness programme. The school trusts that this school-community partnership has a potential 'ripple effect' that SMK SANZAC is strongly promoting a healthy school via families and communities. The social connectedness also helps the school to ensure that student mental health and well-being and subsequently, their academic performance is being highlighted.

14. Interrelationship of the school programme with other Sustainable Development Goals (SDGs) (Please refer to page 2 in the Information Note or <https://sustainabledevelopment.un.org/sdgs>)

The activities carried out in this kindness project (Let's Inspire Kindness and Shower Love Project) is strongly in line with SDG 16 (Peace, Justice and Strong Institutions). Besides being kind to people, we also emphasize the importance of loving and protecting the environment by implementing reducing waste and waste management activities. Hence, the project also supports SDG12: Responsible Consumption and Production. Our C'mon Let's Read programme is another way of expressing love and showing care and concern for those students who need close attention to help them cope with their peers in the learning process. This initiative is interrelated to SDG 4: Quality Education where we aim to achieve high literacy rate among our students.

15. Plan for sustainability and plan for scaling-up/expansion

Plans for sustainability:

- The kindness programme is a long-term, on-going and sustainable programme as it encompasses a whole-school approach to promote peace, harmony, kindness, love and care and well-being of students, staff, and wider school and community members. This is because education and peace are inseparable and that having a safe and peaceful environment supports successful learning. Hence, the school will continuously improve the existing set of policies, procedures, activities, and structures to ensure this effort is sustainable.
- The school plans to expand further the activities related to enhance the spirit of peace and harmony in the coming year and years to come.
- The school will continue to collaborate with the PTA and the school's Alumni to seek funding for the many activities planned and to provide funds for the activities that aim to help the needy and deprived students' projects. Besides, continuous effort to will be taken to request for funding from the local Ministry, Rotary Club and generous donors.

Plans for scaling up / expansion:

Funding

Plans to expand the kindness programme to a wider community will incur more expenses; hence the school together with the PTA and school Alumni will continue to seek for funding from local business people, non-governmental organisations and generous donors.

Research and Development (R&D) & Innovation

The school plans to increase its R&D efforts towards life sciences, biodiversity, nature, food and nutrition, health as well as wellness. The kindness programme in our school is initiated towards a Project-Based Learning concept which integrates knowledge and skills across the curriculum. We will also continue to innovate products through doing research into local herbs or natural products that can help to

alleviate health problems. It is an on-going project and undergoing continuous improvement and development.

- **Collaboration and Partnership with Local Government, Institutions and SEAMEO schools**
Developing a smart partnership and collaboration with the local government, local non-governmental organisations, universities, colleges to promote kindness programmes and raise further awareness about peace and harmony. We wish to collaborate with SEAMEO schools in a Project-Based Learning using this theme and to share experiences on the activities and projects carried out under kindness programme.
- **Crowdfunding, Collaboration with NGOs, Other Companies' CSR programme** will further be enhanced, too.

16. Achievements from the school's programme "Building Peace in Schools and Communities"

1. Malaysia's Kindest School Award 2018 (<https://www.youtube.com/watch?v=XZyrPvBQMz8>)
2. Malaysia's Kindest School 2019 (Top 6)
3. World's Children Day 2018 – Champion School
4. District level – Project Based Learning Gold Medal Awards

17. **List of supporting documents** such as a copy of the school operational plan or school management plan, action plan, learning/ teaching materials, lesson plans, samples of student worksheet, manuals, etc. If the supporting documents are in the local language, please provide a brief description in English language. A maximum of 5 Supporting Documents are required can be submitted to the provided google link.

- Document 1) Folder 1: Lesson Plans : 30 Lesson Plans
 Document 2) Folder 2: Guidance and Counselling Unit Kindness Activities Throughout the Years
 Document 3) Folder 3: Malaysia's Kindest School 2018 activities
 Document 4) Folder 4: Malaysia's Kindest School 2019 activities
 Document 5) Folder 5: SMK SANZAC's Compilation of Successes

18. **Photos related to the activity/programme** (Maximum of 5 photos with captions in English)

Photo1 :A Banner of SMK SANZAC's Initiatives to Promote Peace in school and the community





Photo 2: A heart-shaped formation expressing LOVE and Peace in SMK SANZAC



Photo 3: Impactful mural created by school Principal, teachers, students and parents.



Photo 4: Students recounting their journey to being crowned Malaysia's Kindest School at the UNICEF Borneo Marathon, 2018.



We, SMK SANZAC hereby declare and embrace solemnly the following principles as our guiding posts to create an environment of love, tolerance and compassion to #endviolence

1. **Be kind** to one another.
2. **Show empathy** to everyone all the times.
3. Do random **acts of kindness** every day.
4. **Smile** always.
5. Say **NO to aggressive behaviours and actions**.
6. **Respect** others' well-being to create **harmonious relationships**.
7. **Wish** everyone well for their **endeavours**.
8. **LOVE and appreciate your environment**.
9. Be **humble** and accept your limitations.
10. **Together** we sustain a culture of love, happiness and mutual respect.



SMK SANZAC KOTA KINABALU
SEHATI SEJIWA, MEMACU JAYA
MALAYSIA'S KINDEST SCHOOL

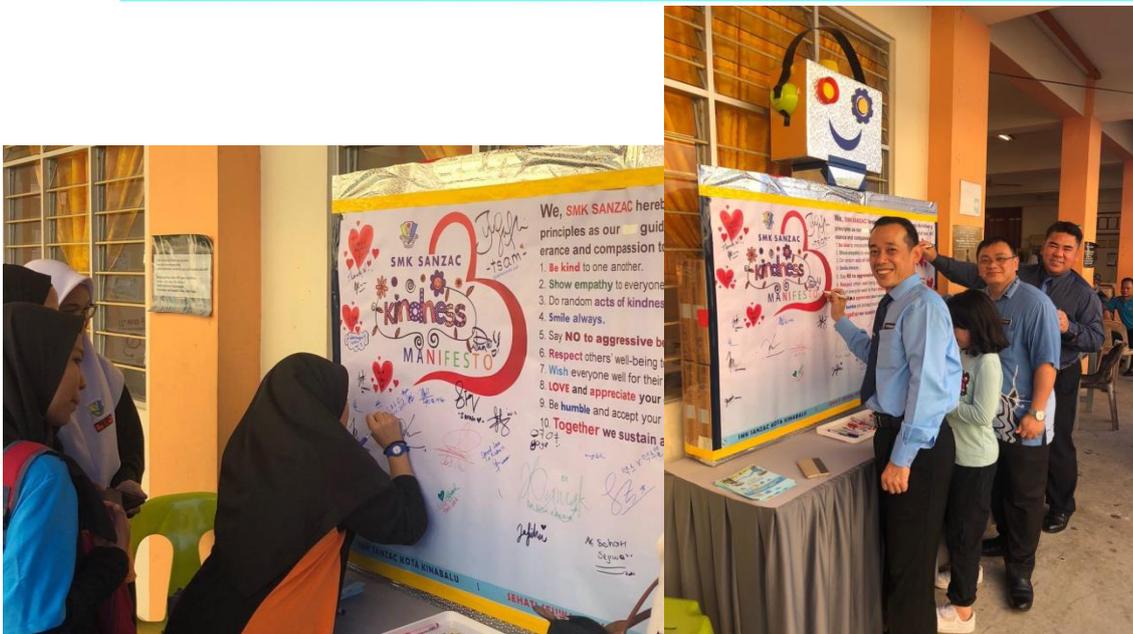


Photo 5: SMK SANZAC'S KINDNESS MANIFESTO: STUDENTS AND TEACHERS PUTTING DOWN THEIR SIGNATURES AFTER RECITING ALOUD TOGETHER

Guidelines for Submission of Entries

1. Schools can submit information about the school's programme/project/activity related to the theme "Building Peace in Schools and Communities" from **10 June to 2 September 2019**.
2. The deadline of entry submissions is **Monday, 2 September 2019**. (Late submission will not be accepted.)
3. Each school can submit only one entry.
4. The submission of the school's programme must be done through the template "**Submission Form of 2019 SEAMEO-Japan ESD Award**".

The Submission Form can be downloaded from the SEAMEO website:

<http://bit.ly/2019SEAMEOJapanESDAward>

or requested by sending an email to the email address: seameojapan.award@seameo.org.

5. Regarding the submission of entry, each school must adhere to the following format, as specified in the Submission Form:
 - a) Part I - Information about the school;
 - 1) School name and contact details
 - 2) Brief information about the school such as number of teachers and students and educational level
 - 3) Contact details of the coordinator
 - b) Part II - Information about the school's programme;
 - 1) Title of the school's programme
 - 2) Summary of the programme (one half-page of A4 sheet size)
 - 3) Background information or reasons why the school created the programme
 - 4) Objectives/goals of the programme
 - 5) Period of time when the programme was/has been started
 - 6) Key knowledge, skills, attitudes/values, and behaviors that you expect to develop from this programme
 - 7) Activities (Strategies, activities, or steps for implementation)
 - 8) Teaching and learning approaches/strategies that the school has integrated for peace education
 - 9) Participation with the community/roles of community
 - 10) Activities that the school, students, and teachers have contributed to the community
 - 11) Programme for monitoring and evaluation mechanisms and summary of results
 - 12) Resources used for programme implementation
 - 13) Benefits/impacts/positive outcomes of the programme to students, school and the wider community
 - 14) Interrelationship of the school programme with other Sustainable Development Goals (SDGs)
 - 15) Plan for sustainability and plan for scaling-up/expansion
 - 16) Achievements from the school's programme "Building Peace in Schools and Communities"
 - 17) List of attachments such as a copy of the school operational plan, action plan, learning/teaching materials, lesson plans, samples of student worksheet, manuals, etc.
 - 18) Photographs related to the school programme (maximum of five photographs with captions written in English)

6. Information about the programme (Part II as above) **should not be over nine (9) pages of A4 in total**. The information should be written in **Times New Roman font, 11-12 point size**. (A half-to-one page A4 sheet size about the project overview should be included.)
7. Information about the programme and the photo captions must be in English. The teaching and learning materials can be in local languages, however a brief translation in English should be provided.
8. All submissions should include related photos. (A maximum of five (5) photographs with captions written in English.)
9. All submissions can be attached with a maximum of five (5) supporting documents (Optional).
10. **How to Submit the Entry**: Schools can submit the completed "Submission Form of 2019 SEAMEO-Japan ESD Award" and maximum of 5 supporting documents/materials to the SEAMEO Secretariat by

Submitting the application and supporting documents to the following GOOGLE LINK:

<http://bit.ly/2019ESDAward-submission>

Note: To align with the ESD practices and to save the environment and energy, the Committee will not accept the entry in hard copies. Only the submission of entry in digital files to the above google link is accepted.

If the school has difficulties in submitting the entry and documents to the above google link, please email to: [**seameojapan.award@seameo.org**](mailto:seameojapan.award@seameo.org)

11. All entries submitted to the SEAMEO Secretariat will be acknowledged. If the school has not received any acknowledgement of the receipt from the SEAMEO Secretariat within one week after the submission, please contact the SEAMEO Secretariat (Email: [**seameojapan.award@seameo.org**](mailto:seameojapan.award@seameo.org)).

Judging Criteria

The judging committee will consider the following criteria in selecting the winning schools:

1. Integration of Strategies/ Modalities for Implementation

- Implementation of peace education is emphasized and incorporated into school policies, management plans, and teaching and learning programmes within the school.
- The school has demonstrated clear effective strategies, steps, and activities in applying peace education for building the culture of peace in school and communities.
- The school has demonstrated the use of participatory processes – involving students, teachers, parents, communities' stakeholders and partners – in planning and implementing the programmes.
- Appropriate and effective methods and resources are used to implement the programmes.
- Monitoring and evaluation mechanisms or processes are identified to ensure the immediate and long-term outcomes of the programmes.

2. Innovation and Creativity

- The school's programme has demonstrated innovative practices in promoting culture of peace in the school and communities.
- The school's programme has demonstrated innovative practices in integrating peace education and current education system.
- The school has demonstrated innovative ideas for utilising available resources.
- The entry is a new idea or an improved/adapted version of existing activities.

3. Teaching and Learning Approaches

- The school has demonstrated effective teaching and learning approaches that have been applied to improve the culture of peace in its school and community environment.
- The school has embedded the proper knowledge, skills, attitudes, values, behaviors and daily practices into subject disciplines and incorporated ESD principles and pedagogical methods to ensure that students are able to connect the practices in their daily life, and community.
- The teaching and learning approaches has demonstrated the change or transformation of attitudes, values, and behaviors of students and teachers.

4. Engagement of Community

- The school has engaged community-level partners such as community stakeholders, experts, cultural bearers, elders, local leaders, practitioners and parents who provide information and guidance on peace education.
- The school has engaged multi-sector partners such as education institutions, teacher-training institutions, schools, cultural institutions and professional associations to co-implement the school's programme.
- The school's programme has strengthened students' involvement in the local community, especially for peace building.
- Through the school's programme, the school has engaged and contributed to the development of local community, not just only parents.

5. Sustainability

- The school has promoted peace education within the school management plan and teaching and learning activities across subjects for a long-term action strategy.
- The school has demonstrated a clear future plan on how to sustain the programme.

6. Interrelationship with other Sustainable Development Goals (SDGs)

- The school has demonstrated that the school's programme has integrated the improvement of other SDGs, not the individual pursuit of each SDG, but has interrelation with other SDGs. – Therefore, the school should make a clear statement in its application on how the school's programme connects with other SDGs apart from SDGs 10 (Reduce Inequalities) and SDGs 16 (Peace, Justice and Strong Institutions) a.

7. Impacts

- Results, during/after implementation, have revealed the effectiveness and benefits of the school's programme to students, teachers, parents and the wider communities.
- Information, data, and model collection about peace education has been effectively compiled, documented, and shared within the schools, among schools in one community, and at the broader provincial or national levels.

Contact Information

For enquiry, please contact:

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THAILAND

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Tel: +66-2391-0144

Fax: +66-2381-2587

<RE-SubmissionForm SEAMEO JAPAN ESD 2019 (02Nov2019)>