

# L E S S O N P L A N

S.Y. 2014 - 2015

## MAP ORIENTEERING

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Date	Objective	Topic/Materials	Strategy/ Activities	Evaluation	Homework/Comment
	<p>1. Formulate policies as guides for map/reading and orienteering procedures.</p> <p>2. Stress the importance of land navigation.</p> <p>3. Identify the specific needs in orienteering and map reading.</p>	<p>1. Orienteering</p> <p>a. Map Reading</p> <p>b. Basic symbols</p> <p>c. Compass Use</p> <p>2. Orienteering procedures</p> <p>a. Time differences of jump off time and arrival time.</p> <p>b. documentation of clues and station tags.</p> <p>3. Brief History of Orienteering</p>	<p>1. Lecture Part</p> <p>a. The participants will be given an orientation on the marginal information of maps and its uses.</p> <p>b. They will also be taught how to orient a map in accordance with the actual topography of their position on the ground.</p> <p>c. They will also be given a brief history on the origins of orienteering.</p> <p>d. They will also be taught different orienteering procedures.</p> <p>2. Simulation</p> <p>(Orienteering platform is the Jamboree area within the Forest reserve of the Boy Scouts of the Philippines Los Banos.)</p> <p>a. Maps, Compasses and Instructions will be given at the starting point in Stevenot Hall.</p> <p>b. The participants will follow 10 instruction packets in each orienteering bag along the orienteering maps route. In each orienteering bag are instructions and tasks that the participants need to do before they transfer to the next station where the orienteering bag is located.</p>	<p>1. Simulations</p> <p>UP Campus</p> <p>2. Orienteering Proper</p> <p>3. Basic Compass use and other techniques test.</p> <p>4. Submission of tags, pictures, audio recordings, etc.</p>	<p>Review compass use and practice at home reading degrees and mils</p>